

## Identity or Confusion

Your identity is not defined by your past, it is defined by the call of God on your life.

### Identity Acquisition

Imprinting, modelling, and discovery

Personal and social conformity (acceptance)

Eight Stages of Development (Erik Erikson, *Identity, Youth, and Crisis*, 1968)

Age	Task	Description
0-1	Trust vs Mistrust	Develop trust that basic needs will be met.
1-3	Autonomy vs Shame	Develop a sense of independence in many tasks.
3-6	Initiative vs Guilt	Take initiative or experience guilt when unsuccessful.
7-11	Industry vs Inferiority	Develop self-confidence or sense of inferiority.
12-18	Identity vs Confusion	Experiment with and develop identity and roles.
19-29	Intimacy vs Isolation	Establish intimacy and relationships with others.
30-64	Generativity vs Stagnation	Contribute to society and be a part of a family.
65 +	Integrity vs Despair	Assess and make sense of one's life and meaning of contributions.

### Identity Disruption

Ancient Deceptions

Isaiah 30:8-12; Romans 1:21-32; 2 Thessalonians 2:9-12

Dysphoria – feeling very unhappy, uneasy, or dissatisfied.

Genesis 1:27

Song of Solomon 8:4 – Do not stir up or awaken love before its time.

Socially influenced: cultural, generational, unprotected from deception (voids)

Trauma induced: sexual abuse, predation, abandonment

Conflict: a classic double-bind, you must decide but you can never be sure.

Isolation, suicidal thoughts, hopelessness, depression

Perversion, addiction, robbery

### Identity Achievement

Exploration + Commitment = Achievement

Exploration + No Commitment = Moratorium

No Exploration + Commitment = Foreclosure

No Exploration + No Commitment = Diffusion

### Identity Recovery

Ask God to reveal the root cause, the insertion of the lie. Receive and extend forgiveness. Ask for truth to replace the false belief(s). Hear and accept the truth. Repent to purity.